St Benedict's Sixth Form

CTEC Sport Studies

Course Description

This qualification aims to develop knowledge, understanding and skills of the essentials of Sport and Physical Activity. Students will gain an insight into the Sport and Physical Activity industry. Designed in collaboration with industry experts the qualifications focus on the requirements that today's employers demand.

Physical inactivity is of growing concern and is now one of the top ten causes of premature death globally. In order to stop the decline in activity, people need to know the benefits of participation in sport and physical activity for the body systems and physical health, and also for their mental wellbeing and overall quality of life.

Skills Attained

The qualifications provide opportunities for learners to focus on the development of personal, learning and thinking skills, functional skills, and wider skills in a sport context, such as environmental issues and health and safety considerations. By studying a L3 vocational qualification in Sport, learners develop knowledge, understanding and skills required by the sector, including essential employability skills, and apply them in real work contexts.

Assessment

Level 3 Extended Certificate in Sport and Physical Activity (Single)

Assessment

Unit 1 (Body systems and the effect of physical activity) and unit 3 (Sports organisation and development) will be assessed through written external examinations. Unit 2 (Sports coaching and leadership), unit 8 (Organisation of sports events) and Unit 5 (Performance analysis), Unit) will be assessed through the completion of written coursework.

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Progression

The Level 3 Vocational Sport qualifications have been developed in the sport and active leisure sector to give our learners the opportunity to enter employment in the sport and active leisure sector or to progress to higher education qualifications at university.

In addition, a number of universities have individually confirmed that the Level 3 in Sport fulfils their entry requirements, either on its own or when achieved alongside other qualifications.

The qualifications will also give our learners the opportunity to develop a range of techniques, personal skills and attributes essential for successful performance in working life.

Entry Requirements

Grade 4 in GCSE English (Language or Literature)
Grade 5 in GCSE P.E
or Merit in Level 2 equivalent

Exam Board: OCR

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