



St Benedict's
Sixth Form

**BTEC HEALTH AND
SOCIAL CARE
Level 3
Transition Pack**



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Health and Social Care is part of everybody's life, from birth to old age. The Btec Health & social care qualification will inspire learners to work in a sector which has such a huge impact on people, providing them with rewarding careers in the process. The BTEC Level 3 enables students to progress into a range of careers some of which include Child care, Social work & Nursing.

Although many students may not have studied Health & Social care at KS4, this will not be a problem as the coursework & exam content required at sixth form will be delivered in detail. Detailed delivery will ensure all tasks can be completed in full & students will be required to apply the skills they have developed in earlier years. Eg research skills to complete the assignment work

The Pearson **BTEC Level 3 National Diploma in Health and Social Care** is **equivalent** in size to 2 **A levels** and the Extended Certificate is equivalent to 1 **A 'level**. Once completed students, could work towards a higher qualification in the **health and social care** sector.

<https://www.continuing-healthcare.co.uk/continuing-healthcare-guidance/difference-between-healthcare-and-social-care>





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Assessment for the qualification will be a combination of **Exam work & Coursework**

Examinations - all learners take the same assessment at the same time, normally with a written outcome

Coursework units

Students will be required to write up the findings of their own research · use case studies to explore complex or unfamiliar situations · carry out projects for which they have choice over the direction and outcomes & demonstrate practical and technical skills using appropriate work-based values and practices.

<https://www.princes-trust.org.uk/help-for-young-people/programmes/health-and-social-care-hub/the-health-and-social-care->



Time management skills are crucial in ensuring success for both coursework & examination work.

The Health & Social care qualification can be taken as a 2 A 'level equivalent in year 12 or can be combined with other subjects such as psychology/biology to provide students with a variety of options in the sixth form

Content studies will include the following - depending on the options chosen by students....

Human Lifespan Development (**Exam**)

Working in Health and Social Care (**Exam**)

Meeting Individual Care and Support Needs
(**Coursework**)

Supporting Individuals with Additional Needs
(**Coursework**)





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Task 1



- Using the internet carry out research and explain how the following 4 issues can be used to assess a person's health
- o pulse (resting and recovery rate after exercise)
- o blood pressure
- o peak flow
- o body mass index (BMI)

Key skills required for the qualification

Evaluation - is the process that critically examines an issue. It involves collecting and assessing information about a key area its characteristics, and outcomes.

Justification - indicating how something is right or reasonable.

Assessment - Considering positives & negatives of any given issue.

Analysis -A detailed examination of the elements of a key issue.



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Task 2 Prepare 3 - 5 page presentation with images explaining the following life stages - indicating the physical & emotional development which will take place in these.

- 1 Infancy
- 2 Childhood
3. Adolescence
4. Adulthood
5. Later adulthood.

Books for wider reading....

Preparing to Work in Adult Social Care Level 3 (Health and Social Care) Paperback - 19 Sept. 2012

NVQ Level 3 Health and Social Care (Adult) (NVQ/SVQ Health and Social Care) Paperback - 4 April 2008 - Y Nolan

Level 3 Health and Social Care (Adults) Diploma: Candidate Book 3rd edition: (Work Based Learning L3 Health & Social Care Dementia 3rd edition)